



# October 2026

Red Rock Day School  
PO Drawer 2007  
Red Valley, AZ 86544  
Phone: 928-653-4456  
Fax: 928-653-5711



| Sunday | Monday                                                                   | Tuesday                                                                  | Wednesday                                                                 | Thursday                                                                            | Friday                                                                    | Saturday |
|--------|--------------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------|----------|
|        |                                                                          |                                                                          |                                                                           | 1<br><br>Biscuit ham cheese sandwich, fruit Cup, 1% Milk                            | 2<br><br>Rice Raisin, Fruit Cocktail Ch pear Juice, 1% Milk               | 3        |
| 4      | 5<br><br>English Muffin WW, Egg Patty 1.25oz, Watermelon Chunks, 1% Milk | 6<br><br>Eggs Scrambled, Banana, Tortilla, 1% Milk                       | 7<br><br>Oatmeal Apple Cinnamon, Graham crackers, Fresh Grapes, 1% Milk   | 8<br><br>Egg Hardboiled, Wheat toast, Sausage Pork link 1 oz. Apple wedges, 1% Milk | 9<br><br>Cereal Fruit Loops, Mixed berries, graham crackers 2 ct, 1% Milk | 10       |
| 11     | 12<br><br>HOLIDAY- COLUMBUS DAY                                          | 13<br><br>Breakfast Burrito, egg sausage cheese, Grapes (fresh), 1% Milk | 14<br><br>Blueberry Bagel WW, Cream cheese Plain, Blueberry, 1% Milk      | 15<br><br>1/2 Biscuit & sausage Gravy, Orange chunks, 1% Milk                       | 16<br><br>Sausage stick, Syrup, Apricots, 1% Milk                         | 17       |
| 18     | 19<br><br>No School- Staff Full Day Professional Development             | 20<br><br>Blueberry Pancakes, Apple wedges, 1% milk                      | 21<br><br>Breakfast Combo Ham Egg Cheese, Tost, Peach Strawberry, 1% Milk | 22<br><br>French Toast, Syrup, Watermelon chunks, 1% Milk                           | 23<br><br>Breakfast Sausage pizza, orange Slices, 1% Milk                 | 24       |
| 25     | 26<br><br>Cinnamon Toasters, Apple Wedges, 1% Milk                       | 27<br><br>Bean Burrito, Watermelon, 1% Milk                              | 28<br><br>Banana Muffin, cantaloupe, Boil egg, 1% Milk                    | 29<br><br>Ultimate Breakfast Round, Pear, 1% Milk                                   | 30<br><br>Whole wheat panckae, syrup, applesauce, 1% Milk, sausage        | 31       |